



60-minute virtual sessions for **Leon County Schools Staff**
(Wednesdays and Thursdays at 10am and 3pm)

- Wed June 17 @ 10am and 3pm:** Self-Care: Reflection, Presence, and Intentions
- Thurs June 18 @ 10am and 3pm:** Self-Care: Reflection, Presence, and Intentions
- Wed June 24 @ 10am and 3pm:** Emotional Identification, Coping, and Releases
- Thurs June 25 @ 10am and 3pm:** Emotional Identification, Coping, and Releases
- Wed July 1 @ 10am and 3pm:** Empathy and Listening: Why and How
- Thurs July 2 @ 10am and 3pm:** Empathy and Listening: Why and How
- Wed July 8 @ 10am and 3pm:** Adolescent Behavioral Norms vs. Presentation of Trauma and Oppression: Responding
- Thurs July 9 @ 10am and 3pm:** Adolescent Behavioral Norms vs. Presentation of Trauma and Oppression: Responding
- Wed July 15 @ 10am and 3pm:** Conflict Resolution and Communication Tools
- Thurs July 16 @ 10am and 3pm:** Conflict Resolution and Communication Tools
- Wed July 22 @ 10am and 3pm:** Community Building and Team Orientation
- Thurs July 23 @ 10am and 3pm:** Community Building and Team Orientation
- Weds July 29 @ 10am and 3pm:** Advocacy: Values and Behaviors for Culture Change
- Thurs July 30 @ 10am and 3pm:** Advocacy: Values and Behaviors for Culture Change

JOIN AT LINK:

<https://zoom.us/j/98728704696?pwd=SndlaTFLRWgrY2gyVWtSaTBFRzNHUT09>